



Nursing Assistant Certified (I-BEST)

Certificate of Completion (CC)

Planning Guide 2017-2018

EPC 329D

Program Information:

Length of Program: 26 credits
Completion Award: Certificate of Completion
Enrollment: Fall
Approximate Quarterly Costs: \$300
(in addition to tuition, books and parking)

Website: www.shoreline.edu/transitional-programs/ibest/cna.aspx

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Program Description:

Shoreline Community College offers a 26 credit, two-quarter Nursing Assistant Certified (NAC) certificate of completion to prepare students to take the State CNA exam. The program is approved by the Washington State Nursing Commission as a recognized training program. Students are introduced to nursing theory, master NAC skills in a skills lab, and complete a practicum in a clinical setting. The program uses the I-BEST approach to instruction, with two teachers in the classroom and opportunities for students to strengthen their English and basic skills. Students also develop job search skills and learn about healthcare career options.

Nursing Assistant Certified—What is it?

Certified nursing assistants (typically called “CNA” or “NAC”), provides direct patient care under the direction of a licensed nurse in hospitals, assisted living facilities and nursing homes. CNAs perform duties such as feeding, bathing, dressing, grooming, changing linens, and helping patients to move. They may take vital signs, and observe and report changes in patients’ condition. Upon successful completion of Shoreline’s NAC course, students are eligible to take the State NAC exam.

Program Outcomes:

Students who successfully complete this program **by achieving a grade of 2.0 or better for each course completed in this program** should be able to:

1. Understand the role of the nursing assistant and the various members of the health care team.
2. Communicate effectively with clients, family and other health care team members, using competent workplace English and demonstrating cultural awareness in all aspects of care.
3. Perform the basic techniques needed for general health maintained and daily care of clients.
4. Understand the cause and effect of various typical disease processes and interventions needed for safety and care.
5. Create a resume, prepare for job interviews, and plan further healthcare training to advance their career.

Career Opportunities—What can I do with an NAC certificate?

The job outlook for nursing assistants is projected to remain strong in Washington State and nationally over the next decade. Graduates who pass the State NAC exam will be most competitive for jobs in assisted living facilities and nursing homes. With some experience, NACs may also be hired by hospitals. The median hourly wage for a nursing assistant in Washington State was \$13.68 in 2015.

Potential employers include: hospitals, assisted living facilities and nursing homes. For more, please visit career information and resources at www.shoreline.edu/acc/CareerCounseling.aspx.

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Program Prerequisites: CASAS test score of at least 220 in reading and 210 in math, successful completion of criminal background check (required by healthcare providers), proof of health insurance and immunizations. Shoreline English language learners should complete ESL Level 4.

CERTIFICATE OF COMPLETION – 26 CREDITS

PROGRAM REQUIREMENTS – 26 Credits			
Courses	QTR	GR	CR
NAC 101 Nursing Assistant (NAC) Theory and Skills Lab I			13
NAC 102 Nursing Assistant (NAC) Theory and Skills Lab II			10
NAC 104 Nursing Assistant Clinical Experience			3

CERTIFICATE COMPLETION

Students should automatically receive their Certificate after successful completion of all required courses. If you have not received your Certificate, please contact the Workforce Education Programs in FOSS 5100 or call 206-546-5876.

Note: Every effort has been made to ensure the accuracy of the information in this publication. However, the information is subject to change without notice and final career decisions are the responsibility of the student.